

PAST THE PANDEMIC: KEEPING WELL, STAYING CONNECTED

Annual Review 2022.2023

ANNIE KLEIN, SKAGGS SCHOOL OF PHARMACY AND PHARMACEUTICAL SCIENCES ▼

> Thank You! Your Peer Health Assistance Program www.peerassistanceservices.org

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PAS DENVER OFFICE BUILDING V



nk You



▲ PAS EXHIBIT BOOTH AT THE COLORADO DENTAL HYGIENISTS ASSOCIATION CONFERENCE, BEAVER CREEK CO

Staff



What our program participants are saying...

...for making me feel so at ease during our interview. It's been a really hard 10 months and I so appreciate your kindness.

...this is the first time I feel like someone has really listened to my side of the story...

...for treating me like a person and not a problem.

...for the work you do to keep us and the community safe.

...for not judging me.



Message from the President & CEO

December 2023

Dear colleagues and friends of PAS

On behalf of the Board of Directors and our statewide staff, we are pleased to invite you to peruse our FY22-23 Annual Review.

While the intensity and anxiety of the pandemic have subsided, we continue to navigate the many gaps shaped by hybrid and remote work arrangements. The limited connections among us have led to fragmented exchanges, incomplete thoughts and ideas, unintentional gaffes, and a need for repeated outreach. But with MS TEAMS. ZOOM. SECURE VIDEO. INSTANT MESSAGING. TEXT. MS 365. AND THE CLOUD. We have polished our sense of humor and learned to be more flexible!!

Peer Health Programs utilization is stable and even increasing among certain professions; the demand for SBIRT training has increased significantly, for both virtual and in person training. Always enhancing awareness of substance use and mental health concerns, staff provide structured help for licensed professionals to remain safe to practice. Teaching the skills needed to screen for substance use in all health and mental health settings provides an evidence-based, 'onthe-ground', strategy for practitioners. We have highlighted selected accomplishments with supporting data for you to review. Statements from program participants, underscore the importance of the work we do.

We are grateful to our Board of Directors for their ongoing support.

We are grateful to staff members for their steadfast work.

And, to our community supporters and colleagues, thank you so much!!

Our 4-legged voluntary advisors are working hard as usual and are very much appreciated.

As we celebrate the first 40 years, we look forward to continuing our important work throughout the state.

As always, if there is anything that PAS can do for you, don't hesitate to call.

Sincerely

DAN BURROWS • ELIZABETH PACE

Screening, Brief Intervention, Referral to Treatment

Training & Public Awareness Statewide

- 118 trainings delivered
- 974 health and mental health professionals trained
- 636 professionals utilized online Kognito SBIRT trainings
 - New simulation, Adolescent SBIRT: Comorbid Mental Health and Substance Use
- Expanded Training Menu
 - SBIRT: Adult, Perinatal, and Adolescents
 - Motivational Interviewing Trainings: Core Components, Beyond the Basics, and with Adolescents

Training of Trainers

• Two 1 1/2 day trainings at the Denver office with 10 participants completing all training requirements

Wisdo Health Strategies

Wisdo is a peer support and social health platform designed to address social isolation and loneliness. PAS coordinates with the Regional Accountable Entities to promote Wisdo. The RAEs are responsible for promoting physical and behavioral health for Colorado Medicaid members.

WISDO DATA FOR FY 22-23

IMPRESSIONS	WEBSITE VISITS	DOWNLOADS	REGISTRATIONS*
2,472,428	37,289	7,353	4,015

* Registration numbers include individuals who filled out baseline surveys and are active



SCAN THE QR CODE TO WATCH A KDVR INTERVIEW ABOUT WISDO

• Funding: Healthcare Policy and Financing

Adolescent SBIRT Survey — with NORC at the University of Chicago

- Presentations:
 - Colorado Department of Education Fall Conference, Colorado Springs, CO
 - ▶ Public Health in the Rockies, Keystone, CO
 - International Network on Brief Interventions for Alcohol & Other Drugs, Greensboro, NC



- Association for Multidisciplinary Education and Research in Substance use and Addiction, Washington DC
- American Public Health Association, Atlanta, GA

Signal Behavioral Health Network: Training, Technical Assistance, and Implementation Support in Rural Colorado

- 41 clinics provided with implementation support and ongoing TA
- 1,975 individuals screened in practices in Northeast and Southeast CO through our sub-contractor High Plains Research Network
- 258 individuals screened in Denver Metro clinics
- 5,908 individuals screened in Larimer County clinics
- Funding: Signal Behavioral Health Network

Peer Health Assistance Programs

Total Served: 1,040 Professionals

- Referrals: 398
- Evaluations: 242
- Monitoring Contracts: 359
- Program Completions: 92

Narcan Nasal Spray Kits Distributed as Needed

PAS remains an authorized harm reduction agency with a CDPHE Standing Order. This permits PAS to maintain a supply of Narcan kits to be made available at exhibits and to program participants who indicate opioid use as a concern.

Peer Health Programs Created in Statute

- HB 22-1235 Veterinary Professionals Practice Act Sunset created the regulation of Veterinary Technicians

 facilitating access to the Veterinary Professionals Peer Health Assistance Program as of January 1, 2023
- SB 22-058 created a Peer Health Assistance Program for Dental Hygienists in July 2023

Peer Education Meetings

Long standing education meetings for all professions engaged in the Peer Health Assistance Programs. These virtual meetings are successful in bringing program participants together, sharing information and the opportunity to discuss important issues.

- Three well attended webinars included:
 - Balancing Your Act: Michelle Zellner, MS
 - Impact of Substance Use on Professional Performance: LaTisha L. Bader, PhD, LP, LAC, CMPC
 - Learning and Practicing Optimism: Dr. Robert A. Mines, PhD

Practice Monitor Trainings

Virtual Practice Monitor Trainings provided to Dentists and Mental Health Professionals in collaboration with the Division of Professions and Occupations. These trainings are utilized to provide objective information to monitor professional practice.



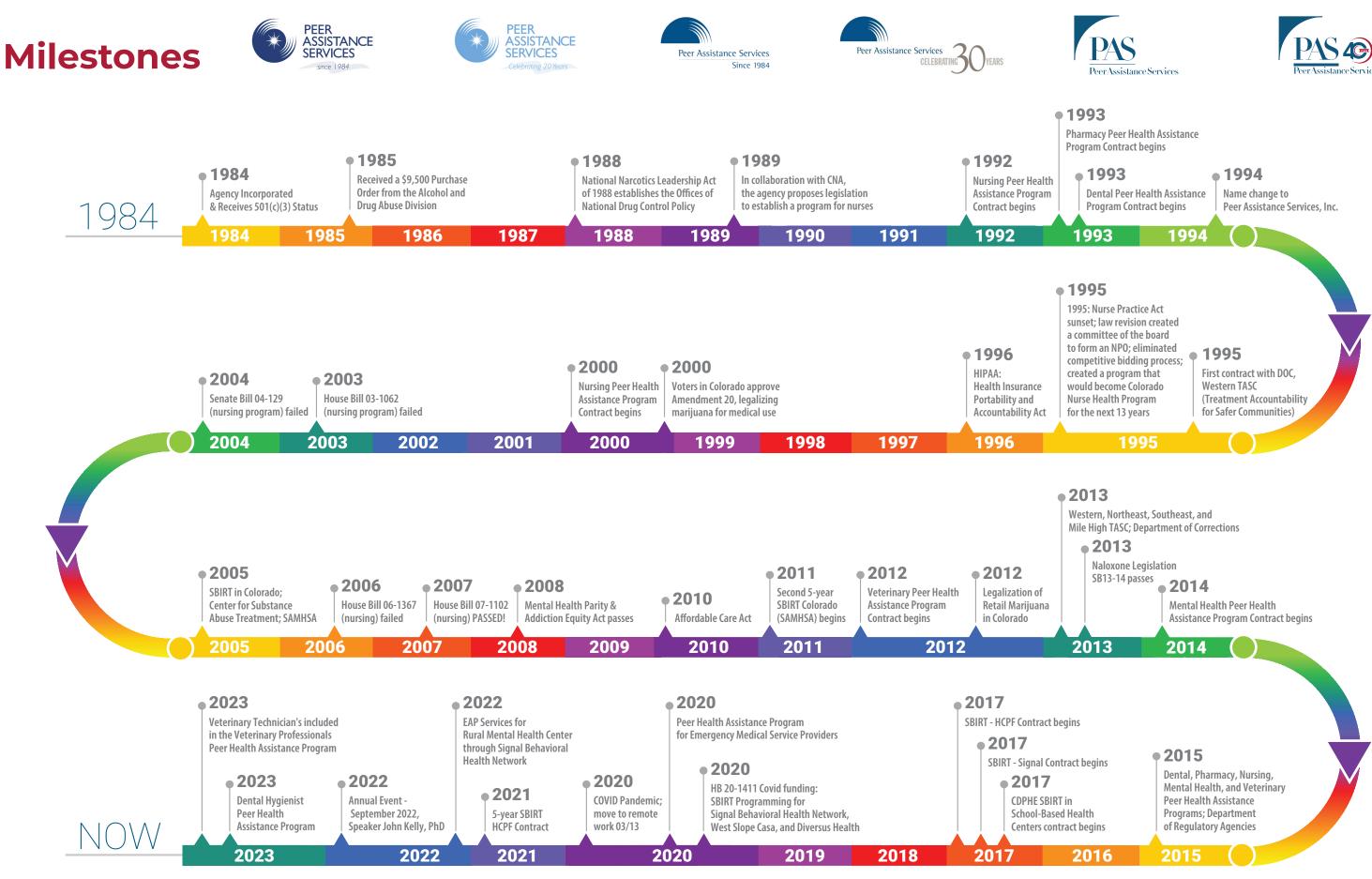
PEER HEALTH ASSISTANCE PROGRAM STAFF AT THE NATIONAL ASSOCIATION FOR ADDICTION PROFESSIONALS CONFERENCE, DENVER, CO



JILLIAN MORRISON AT THE COLORADO PHARMACIST SOCIETY ANNUAL CONFERENCE, BLACKHAWK, CO



JEFF SCHUSTER AT THE COLORADO DENTAL ASSOCIATION ANNUAL MEETING, BEAVER CREEK, CO







NURSING STUDENTS AT MESA STATE UNIVERSITY DURING AN SBIRT TRAINING, GRAND JUNCTION, CO



PEER HEALTH STAFF, LYNN KOENCK & AMY MANHARD AT THE ROCKY MOUNTAIN DENTAL CONVENTION, DENVER, CO



CAROLYN SWENSON & VANESSA LANGSTON PRESENTING AT THE COLORADO NURSES ASSOCIATION CONFERENCE, COLORADO SPRINGS, CO

Leaders & Staff

BOARD OF DIRECTORS

President Daniel Burrows, Esq.

Vice President Velvia Garner, MS, RN, ANP

Secretary Linda Kottmann, DNP, MSN, WHNP-BC, RN

Treasurer David Stuhr, RPh

Bregetta Brown, DDS Sara Jarrett, EdD, MS, CNS, RN Jane Klein, ADN, RN Shelly Sandel, DVM

ELECTIONS OCTOBER 2023 BOARD OFFICERS 2023-2024

President Velvia Garner

Vice President Daniel Burrows

Secretary Linda Kottmann

Treasurer David Stuhr

ADMINISTRATION

Chief Executive Officer Elizabeth M. Pace, BS, MSM, RN, FAAN

Director of Operations and Risk Management Chris Kesterson, BS, CAT

Director of Programs Jillian Morrison, DCSW, LAC, MAC, ACS

Manager, Communication and Program Outreach Annie Klein, CPS II

Bookkeeper Susan Om, BA

Executive Administrative Coordinator Megan Bahnson, BS

SBIRT IN COLORADO

Program Manager Hannah Nibauer, MSW

Trainer and Coordinator Vanessa Langston, BS, BSN, RN

Practice Facilitator, Larimer County Adam Musielewicz, MPA, CNM

Program Advisor Bethany Pace-Danley, BSW, MA

PEER HEALTH ASSISTANCE PROGRAMS

Program Manager Jeff Schuster, BA - Grand Junction

Evaluators

Tara Benedict, LCSW, CAS Jenna Bogan, LPC, LAC Caitlin Duncan, LCSW, LAC Emily Schrader, MA, LPC, CAS Jerimee Smith, LPC, LAC Nellie Taylor, LCSW, CAS

Case Managers

Kathleen Campbell, BA Kristin Kochenburger, MS Deana Kinnett, BA Vanessa Langston, BS, BSN, RN Amy Manhard, BS Alek McKinney, BS Mari Mo, BA Jessica Robles, BA Michael Rodriguez, MS, LAC Kellie Soderberg, BSW, CAS

Intake Coordinator

Jennifer Hogue, MA, MPhil, CAT

Quality Assurance Coordinator Lynn Koenck, CAS

CONSULTANTS

Finance Lee Ann Aden, MS, CPA, CEAP

Peer Health Assistance Programs

Andrea Filson, MS, LPC, LAC Deborah S. Finnell, PhD, CARN-AP, FAAN Rick Ginsberg, Ph.D. Cheri Goodwin, MS, NCC, LPC, CAS Wayne Thrash, RXN, CNS

SBIRT

Carolyn Swenson, MSPH, MSN, RN

Community Partners

Advocates for Recovery Colorado Association for Multidisciplinary Education and Research in Substance Use & Addiction Colorado Association of Addiction Professionals Colorado Association of Alcohol and Drug Service Providers Colorado Center for Nursing Excellence Colorado Consortium for Prescription Drug Abuse Prevention Colorado Council of Black Nurses Colorado Counseling Association Colorado Criminal Justice Reform Coalition Colorado Dental Association Colorado Dental Hygienists' Association Colorado Non-Profit Association Colorado Nurses Association Colorado Organization of Nurse Leaders Colorado Pharmacy Coalition ELIZABETH PACE & ANNIE KLEIN. Colorado Pharmacy Society **EXHIBIT AND PRESENTATION** AT THE COLORADO NURSES Colorado Public Health Association ASSOCIATION ANNUAL MEETING, Colorado Task Force on Drunk and Impaired Driving COLORADO SPRINGS, CO Colorado Veterinary Medical Association alorado Colorado Association of Certified Veterinary Technicians in Employee Assistance Professionals Association - Rocky Mountain Chapter FAST Colorado Advisory Board Harm Reduction Action Center Illuminate Colorado Imagine Zero of Larimer County **CCJRC 2023 Voices for Justice Sponsors** Mental Health Colorado Plantinum Sponsors and Game Changer Sponsors National Association of Social Workers ATINO ROCKY MOUNTAIN National Council for Mental Wellness National Organization of Alternative Programs RECHTKORNFELD, No DUI Larimer County SBIRT Advisory Council State Epidemiological Outcomes Workgroup Substance Abuse Trend and Response Task Force Signal CROSSPURPOSE The College for Behavioral Health Leadership The Counseling & Education Center Western Colorado Health Network Regional Council MEGAN BAHNSON ATTENDING

THE COLORADO CRIMINAL JUSTICE REFORM COALITION EVENT,

DENVER, CO

2022-2023 Financials*

Funding Sources

Colorado Department of Regulator State Board of Nursing, State Board of Pha State Board of Veterinary Medicine, Mental	rmacy, Colorado Dental Board,	54.3%	\$2,535,043
Colorado Department of Health Care Policy & Financing		32.1%	\$1,500,000
Signal Behavioral Health Network		11.4%	\$532,505
Other Income		2.1%	\$99,575
	D DEPARTMENT OF REGULATORY D DEPARTMENT OF HEALTH CARE EHAVIORAL HEALTH NETWORK	AGENCIES	4,667,123

Program Services		71.8%	\$3,087,353
lanagement & General		28.2%	\$1,210,986
otal Expense		\$4	4,298,338
	PROGRAM SERVICES		
	MANAGEMENT & GENERAL		

Voluntary Advisory Board



Blue Party Pawtrol



Mookie Accounts Retrievable



Kona, Cooper, Chandler, & Phoebe Canine Resources



Echo Fetch Secretary



Sylvie Chair of Recreation



Newman Treat Coordinator



Mandu Security Pawficer



River Branch Manager



Mojo Barketing Executive



Sly Administrative Purrr-fessional



CONTACT US

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Info@peerassistanceservices.org





Google Play



ANNIE KLEIN INTERVIEWING ABOUT WISDO HEALTH STRATEGIES WITH KDVR DENVER

