

# Hallucinogens

**LSD: ACID, TABS. PSILOCYN: MUSHROOMS, SHROOMS, MAGIC MUSHROOMS, Mescaline, PEYOTE. PHENCYCLIDINE: PCP, ANGEL DUST, BOAT, OZONE, WACK. ECSTASY: E, X, XTC. KETAMINE: VITAMINE K.**

A **HALLUCINOGEN** is any drug that dramatically changes the your mental state and alters your perception of reality. There are naturally occurring hallucinogens such as psychoactive fungi and mescaline and peyote, and synthetic hallucinogens such as LSD, ketamine, PCP and Ecstasy.

Hallucinogens create illusions in all of the senses; you see or hear things that do not exist. You may feel your body growing or changing shape or may experience time and motion in unreal ways. Hallucinogens affect not only your brain and senses, but they affect your heart. They lead to an increase in heart rate and blood pressure; and can put you into a coma. They can also cause heart and lung failure.

Other short-terms effects include numbness, muscle weakness and twitching, tremor, impaired coordination, dilated pupils and seizures; as well as rapid deep breathing, nausea and vomiting.

Plus there is no way to predict if you will have a bad trip. There is no consistency in hallucinogens, so each trip may differ depending on the drug's strength and purity, in addition to the user's state of mind.

Know the risks. All hallucinogens can have harmful ongoing effects. They can cause flashbacks. Effects of the drug can occur weeks, months and even years after use. In addition to flashbacks, long-term effects may include decreased motivation, prolonged depression, anxiety, increased delusions and panic and psychosis.

SOURCES: NIDA INFOFACTS, SAMHSA

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