

START BELIEVING.

30

PEER ASSISTANCE SERVICES

ANNUAL REVIEW

2012~2013

YEARS OF prevention



Peer Assistance Services
CELEBRATING 30 YEARS

Dear friends and colleagues,

As we reflect on the past year we are also beginning the celebration of our 30th anniversary of providing substance abuse prevention programs. True to the mission of N.U.R.S.E.S. of Colorado, renamed in 1995 as Peer Assistance Services, Inc., our programs continue to offer a continuum of evidence-based prevention and intervention services.

Highlights for 2012-2013 include

- ~ Colorado Department of Corrections award of a five-year contract to provide the statewide TASC program
- ~ Completion of the TASC five-year outcome evaluation by OMNI Institute, demonstrating the effectiveness of TASC programming
- ~ Contract award by the Colorado Board of Veterinary Medicine for the Peer Health Assistance program for Veterinarians
- ~ Participation in the National Governors Association's effort to reduce prescription drug abuse by our Prescription Drug Abuse Prevention Program
- ~ Leadership role in the Colorado Parity Coalition and the 2013 field hearing with former U.S. Congressman Patrick Kennedy
- ~ Expansion of the Workplace Prevention Services program with additional staff at the Grand Junction office to serve the Western Slope community
- ~ Annual Awareness Event with Dr. Vincent Felitti presenting on the ACE study to over 200 attendees
- ~ Recognition of the Founders Award recipients, Jeff Downing, Robert Valuck, and posthumously, John Fabiano with an evening reception at our training center

Since 1984 the values of integrity, respect, compassion, perseverance and vision have expressed our underlying convictions and guided our

1983

~ A group of nurses, including those who had lost their licenses due to substance abuse, gathered at the Health Department to discuss the problem of nurse colleagues with substance use issues. At the time there were few resources for nurses with substance use or dependency issues. Bonnie Forquer, RN, Occupational Program Consultant, from Alcohol and Drug Abuse Division strongly supported the Employee Assistance Program model of assessment, referral, follow-up and monitoring. The Colorado Nurses Association provided shared office space and start-up funds.

1984

~ The agency incorporated as N.U.R.S.E.S. of Colorado Corporation (NCC) with the Secretary of State. With a board of directors elected, NCC submitted a proposal to ADAD to provide Employee Assistance Program services to RNs and LPNs in the Denver and Boulder metro areas. The program was funded with a \$9,500 ADAD purchase order. The EAP model provided for confidential services encouraging nurses to seek help. Peer support groups were added along with an on-call pager for colleagues in need.

1986

~ Received funding from The Colorado Trust to expand services to nurses statewide

1989

~ Grand Junction office was opened providing services to nurses on the western slope

~ Collaborated with the Colorado Pharmacist Association and the established Colorado Pharmacist Recovery Network, providing services to pharmacists

~ With the Colorado Nurses Association, NCC supported language that was used in subsequent legislation providing for an alternative to discipline program for nurses

1992

~ Moved to office space in the Association of Operating Room Nurses building on South Parker Road

~ Received a Center for Substance Abuse Prevention (CSAP) grant to conduct a successful national conference for healthcare professionals interested in substance abuse and diversion programs

~ Awarded the State Board of Nursing Diversion Program contract to provide case management services to licensed nurses

program efforts. We understand the continuum of prevention to include programs, policies and practices that reduce risky substance use in the community and the workplace. The peer health programs continue to increase their early intervention efforts in healthcare settings. We promote awareness statewide on the appropriate use of prescription medicine. The continuum includes assessments, screening, brief intervention, case management and referral. All of these efforts are complemented by the many collaborations with our partners in the field of substance use and abuse prevention and intervention.

When our tagline of “Start Believing” was adopted in 2005, we were not only encouraging individuals to believe in themselves, but also encouraging the community to believe in those who are in recovery and in the strategies of prevention and intervention. We invite you to read this report to learn more about how our core values have formed the cornerstone of our services over the past 30 years and how these efforts are vital for healthier communities and workplaces.



David Stuhr
Board of Directors President



Elizabeth M. Pace
Chief Executive Officer

Education

EDUCATION SERIES Recognizing that education is a critical strategy in our prevention and intervention services within the workplace and community, the Peer Assistance Services Education Series was created to increase awareness about the wide-reaching effects of substance use and to encourage dialogue on how to address this issue.

ACUTE AND CHRONIC PAIN MANAGEMENT: RESPONSIBLE OPIOID PRESCRIBING Peer Assistance Services Prescription Drug Abuse Prevention Program sponsored the Acute and Chronic Pain Management: Responsible Opioid Prescribing event at the Skaggs School of Pharmacy in November 2012.

ANNUAL AWARENESS EVENT The event featured a keynote address from Vincent Felitti, MD, the co-principal investigator of the “Adverse Childhood Experiences Study” (ACE). Dr. Felitti spoke on how people translate traumatic childhood experiences into organic disease later in life, as well as insights on the application of the study to everyday healthcare practice and substance use prevention, intervention and treatment.

POLICY BREAKFAST PAS hosted a policy breakfast with Dr. Felitti. Experts from public health, corrections, public safety, healthcare, research, substance use and mental health prevention, intervention and treatment, and policy arenas attended and engaged in a dialogue about next steps to accelerate the usage of the ACE study.

COLORADO PARITY HEARING As a member of the Colorado Coalition for Parity, PAS helped to organize a field hearing in January 2013. The hearing was emceed by former First Lady of Colorado Jeanie Ritter and moderated by former U.S. Congressman Patrick Kennedy. Attendees heard testimony from mental health and substance use providers and consumers, representatives from the business and insurer communities, and state and local government representatives.

SBIRT COLORADO SUMMIT Honoring five years of SBIRT in Colorado, “Lessons Learned and Future Possibilities” “Lessons Learned: An evaluation of SBIRT Colorado” and the future of SBIRT in hospital settings. Efforts to further SBIRT as a standard of care in Colorado were recognized with awards to Denver Health and Hospital Authority, Vail Valley Medical Center and the Colorado State Employee Assistance Program.

THE UTAH SCHOOL SCHOLARSHIPS The University of Utah School on Alcoholism and Other Drug Dependencies is designed to help students and professionals understand substance abuse and addiction. The Utah School helps to establish a better understanding of dependency and to implement and strengthen state- and campus-level programs for colleagues whose practice is impaired due to addiction. Each year Peer Assistance Services awards the Joe Barry Kushner Memorial Scholarship to dentists and dental students; the Jody Gingery Memorial Scholarship to nurses and nursing students; and the Harold Bober Memorial Scholarship to pharmacists and pharmacy students.

1993

~ Awarded the State Board of Pharmacy Diversion Program contract to provide case management services to licensed pharmacists and interns
~ Awarded the Colorado Board of Dental Examiners Diversion Program contract to provide case management services to licensed dentists

1994

~ Board of Directors approved name change to Peer Assistance Services, Inc. reflecting the broader programming provided

1995

~ The Colorado Prevention Resource System contract was awarded by ADAD, to provide technical assistance to ADAD prevention contractors
~ Connecting Colorado Statewide Coalition contract was awarded and focused on building collaborative coalitions providing prevention programming throughout the state at grassroots, community and state levels

1996

~ Awarded the Colorado Nurses Workplace Services contract through CNA that focused on providing services to RNs that have workplace issues, including practice issues, disability and unemployment

~ Began monitoring chiropractors, veterinarians and other healthcare professionals who were referred from respective licensing boards for assessment and monitoring

1997

~ Began providing monitoring services for Certified Addictions Counselors

1998

~ Awarded Department of Corrections contract to provide the Western Parole Region TASC program based in Grand Junction

1999

~ Awarded CSAP conference grant for cross-systems collaboration between prevention and intervention

P Programs

PEER HEALTH ASSISTANCE PROGRAMS

DENTAL PEER HEALTH ASSISTANCE PROGRAM Funded by the Colorado State Board of Dental Examiners : Provides assessment, referral and case management of dentists with substance use, mental health, stress and related problems.

NURSING PEER HEALTH ASSISTANCE/NURSE ALTERNATIVE TO DISCIPLINE PROGRAM Funded by the Colorado State Board of Nursing : Provides assessment, referral and case management of nurses with substance use, mental health, stress and related problems.

PHARMACY PEER HEALTH ASSISTANCE DIVERSION PROGRAM Funded by the Colorado State Board of Pharmacy : Provides assessment, referral and case management of pharmacists or pharmacy interns with substance use, mental health, stress and related problems.

VETERINARY PEER HEALTH ASSISTANCE DIVERSION PROGRAM Funded by the Colorado State Board of Veterinary Medicine : Provides assessment, referral and case management of veterinarians with substance use, mental health, stress and related problems.

COLORADO TASC (TREATMENT ACCOUNTABILITY FOR SAFER COMMUNITIES) Funded by the Colorado Department of Corrections : Provides assessment and referral, case management, monitoring and reporting for offenders with substance use disorders who are returning to the community under parole supervision.

WORKPLACE PREVENTION SERVICES Funded by the Colorado Department of Human Services Office of Behavioral Health : Provides Employee Assistance Program services for Colorado small businesses and their employees to reduce alcohol, tobacco and other drug use risk factors.

PAUL D. COVERDELL DRUG-FREE WORKPLACE PROGRAM Funded by the U. S. Small Business Administration : The program encourages small business employers to implement drug-free workplace policies and programs. EAP services are provided to small business employees and their families.

PRESCRIPTION DRUG ABUSE PREVENTION PROGRAM Funded by the Colorado Department of Human Services Office of Behavioral Health : Program focus is to raise awareness of and reduce prescription drug misuse and abuse.

SBIRT COLORADO : SCREENING, BRIEF INTERVENTION + REFERRAL TO TREATMENT Initiative of the Colorado Office of the Governor; funded by the Substance Abuse and Mental Health Services Administration; administered by the Office of Behavioral Health : Program goal is universal screening for risky alcohol use within primary care and community-based settings.



Leadership

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Anthony Wash **DIRECTOR, NORTHEAST TASC—WESTMINSTER**

Susie Burgdoff **MANAGER, ADMINISTRATIVE SERVICES**

Maureen Carney **MANAGER, WORKPLACE PREVENTION SERVICES**

Laurie Lovedale **COORDINATOR, PRESCRIPTION DRUG ABUSE PREVENTION**

2000

~ Awarded Department of Corrections contract to provide the Northeast Parole Region TASC program with offices in Westminster, Greeley and Ft. Collins
~ Awarded Drug-Free Communities grant from the Department of Justice

2001

~ Awarded Department of Corrections contract to provide the Southeast Parole Region TASC program with offices in Colorado Springs and Pueblo
~ Awarded ADAD Workplace Prevention Services contract to provide EAP services to at-risk small business
~ Awarded ADAD Promoting Healthy Families contract to provide parenting curricula to at-risk families

2003

~ Awarded Department of Corrections contract to provide the Mile High Parole Region TASC program with offices in Denver and Englewood

2004

~ Celebrated 20 years of successful prevention and intervention services with a gala event at the Donald R. Seawell Grand Ballroom at the DCPA

2005

~ Fetal Alcohol Spectrum Disorder Prevention Program was implemented through funding from the FASD Center for Excellence at SAMHSA
~ Mentoring Children of Incarcerated Parents Program was developed and implemented through a grant from the Administration for Children and Families
~ Youth in the Workplace, funded by CSAP, was implemented in multiple states

2006

Grant-funded programs expanded to include:
~ Adams County Connections youth mentoring program funded by Department of Education
~ HIV/Hepatitis C and Substance Abuse Prevention with Minorities in Re-entry from Incarceration funded by CSAP
~ Healthy Relationships Program funded by U.S. Administration for Children and Families
~ U.S. Small Business Administration funded Paul D. Coverdell Drug-Free Workplace Program and Prescription Drug Abuse Prevention Program
~ Awarded funding for SBIRT Colorado by an initiative from the Governor's Office through the Division of Behavioral Health

D

Donors

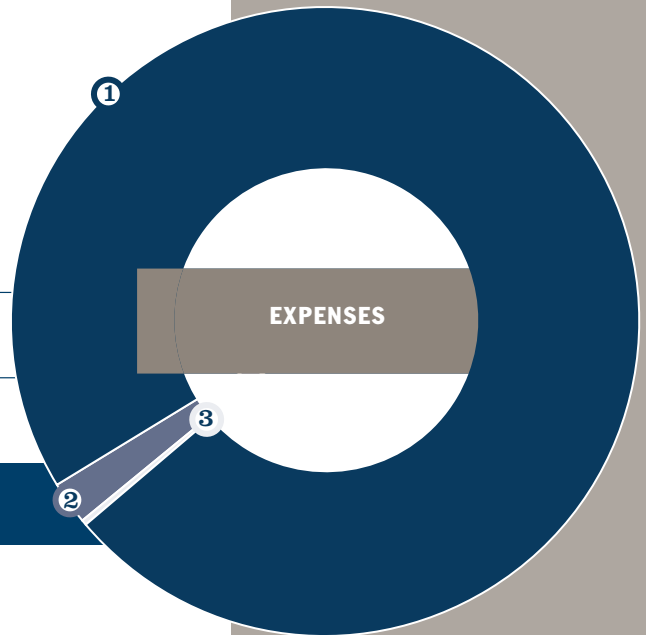
Advocates for Recovery
Ailala Kay
Amber Carlson
Anthony Wash
Arapahoe House
Benefits and Incentives Group, Inc.
Brian Ferrans
Brie Reimann
Brown Brothers, LLC
CADREC
Caitlin Kozicki
Carol DeYoung
Carolyn Swenson
Center for Dependency, Addiction and Rehabilitation
Centennial Peaks
Chris Kesterson
Chris Knoepke
Clare and Matt Sandekian
Collis Johnson
Colorado Coalition for the Homeless
Colorado Dental Association
Colorado Nurses Association
Colorado Psychiatric Society
Colorado Veterinary Medical Association
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Paul Gingery
Richard Sandrock
Robin S. Mower
Sara and Howard Jarrett
Shannon Poletti
Sharon Finley
USW Local 920—Colorado Professional Employees—Staff Chain Pharmacists
Viola M. Pace

Financials

EXPENSES

Program Services	\$ 8,841,014
Management and General	\$ 198,997
Fundraising	\$ 31,699

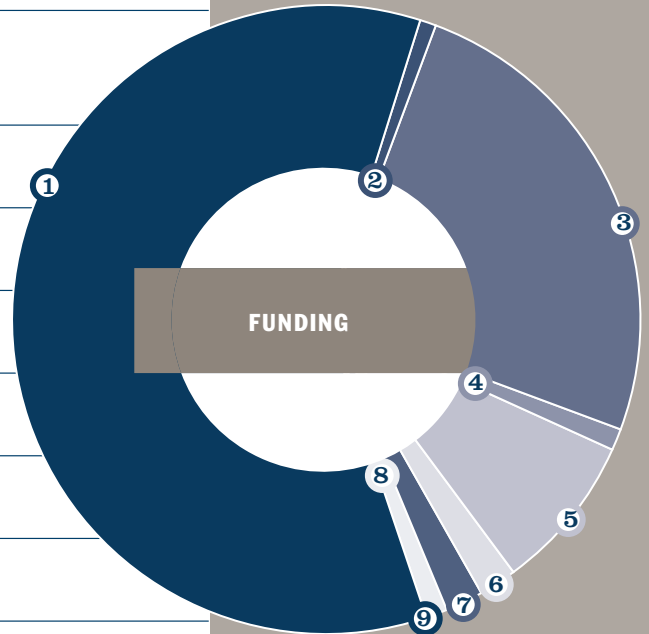
TOTAL EXPENSES \$ 9,071,710



FUNDING

Colorado Department of Corrections	\$ 5,550,316
Office of Behavioral Health, Colorado Department of Human Services	\$ 2,299,129
Colorado State Board of Nursing	\$ 731,968
Colorado State Board of Pharmacy	\$ 193,405
Colorado Board of Dental Examiners	\$ 192,540
Colorado Board of Veterinary Medicine	\$ 75,000
U.S. Small Business Administration	\$ 130,441
Other	\$ 66,583
Donations and sponsorships	\$ 40,370

TOTAL FUNDING \$ 9,279,752



2008

~ Awarded the Nursing Peer Health Assistance/Nurse Alternative to Discipline Program from the Colorado Board of Nursing

2011

~ Awarded SBIRT II funding through the Office of Behavioral Health following a successful grant application to focus on primary care facilities

2012

~ Awarded contract from the Colorado Board of Veterinary Medicine to implement the Veterinary Peer Health Program

2013

~ Co-Hosted a Parity Field Hearing providing testimony to the U.S. Congress on Parity for substance abuse and mental health
~ Awarded the Colorado TASC Program contract (statewide) by the Colorado Department of Corrections

C

Community Involvement

Peer Assistance Services and our staff support the community through professional organization membership and leadership, volunteer time and sponsorships. These efforts align with our mission, unite our staff and contribute to the community. The organizations include

Advocates for Recovery

Behavioral Health Transformation Council

Behavioral Health Planning and Advisory Council

The Brief Intervention Group–BIG–Hospital SBIRT Initiative

Colorado Association of Addiction Professionals

Colorado Criminal Justice Reform Coalition

Colorado Human Resources Association

Colorado Nurses Association

Colorado Pain Initiative

Colorado Pharmacists Recovery Network

Colorado Pharmacy Coalition

Colorado Prevention Certification Board

Colorado Providers Association

Colorado Public Health Association

Colorado Society for Public Health Education

Colorado STING–Security Threat Intelligence Networking Group

Concerned Colorado Dentists

Denver Drug Strategy Task Force

Denver Epidemiological Work Group

Employee Assistance Professionals Association, Colorado Chapter

Faces and Voices of Recovery

Flippin' the Script

HealthSET

International Employee Assistance Professionals Association

International Nurses Society on Addictions

Methamphetamine Task Force

National Association for Addiction Professionals (NAADC)

National TASC

Prescription Drug Abuse Task Force

Society for Human Resource Management

State Task Force on Medication Disposal

Winter Symposium on Addictive Disorders, Behavioral Health and Mental Health

START BELIEVING.

PEER ASSISTANCE SERVICES

Dedicated to quality, accessible prevention
and intervention services in workplaces and communities,
focusing on substance use and related issues.



Peer Assistance Services

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